



CORNERSTONE  
SUPPORT



Bespoke care  
for independence

At Cornerstone Support, we help those with learning difficulties, autism and individuals who are homeless or facing homelessness to live independent lives and achieve their aspirations.

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Our supported living and domiciliary services are tailored to each person, deciding together how our support will lead to a fulfilling and independent life.

We ask family, carers and friends about the person so we can deliver a holistic assessment of needs informing our comprehensive support planning.

# Our Services



## **Supported Living**

Modern accommodation with individualised care 24/7

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## **Domiciliary Care**

Person centred care & support plans which identify desired outcomes

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## **Community**

Work collaboratively with social services and mental health professionals





Our teams deliver the highest standards of care to maintain independence whilst at home and in the community.

We offer a flexible approach to support that includes skills for independent living, education or training, volunteering or employment and activities and hobbies that build the confidence needed to meet goals.

# How we support those in our care



- Daily life skills – cooking, cleaning, laundry
- Personal care – hygiene, medication management
- Budgeting – paying bills, money management, claiming benefits
- Education, training, volunteering and employment opportunities
- Positive relationship building – with family, friends, peers and care teams
- Health – physical health, mental health, diet
- Leisure activities – group, individual, community

Practical support to manage mental health is provided including reminders to take medication or assistance with attending appointments. We provide education around health conditions so individuals can better understand their condition and manage their symptoms.

We collaborate with professionals such as occupational therapists, speech and language therapists, and behaviour specialists to ensure you receive the appropriate care and support you need.







We develop a reassuring and respectful relationship with those who are homeless engaging them in the process of moving to supported living accommodation.

Our primary objective is to ensure we build trust by listening to their concerns, showing empathy and offering practical support.

We help with housing benefits applications, arranging transport and access to necessary resources, such as food, clothing and medical care.

As part of our support we work with individuals to address any barriers to success.



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